



# WELLNESS CENTER

Jay Peak is proud to partner with  
The Wellness Center at North Country  
Hospital to offer select **FREE** fun, health and  
fitness classes for up to 10 employees per  
month February through April.

Classes include Yoga, Zumba, Tai Chi, Spinning and  
Strength Training just to name a few with sessions  
hosted in Newport, Barton and Troy.

- Visit [jaypeakresort.com/wellnesscenter](http://jaypeakresort.com/wellnesscenter) or scan the  
code below for more info and to register
- Advanced registration is required, no walk-ups
- Space is limited so please register soon
- Open to all active employees, while space lasts

→ Scan this Code or Visit  
[jaypeakresort.com/wellnesscenter](http://jaypeakresort.com/wellnesscenter)

→ For more information email  
[hr@jaypeakresort.com](mailto:hr@jaypeakresort.com) or visit the  
Boot Room.

