

MENTAL FOCUS IN THE WORKPLACE SEMINAR

Certified Professional Organizer **PORTER KNIGHT**

Is a dynamic and popular presenter, life-changing consultant, and author of the book: Organized to Last: 5 Simple Steps to Staying Organized. Since 1996 she has been on a mission to empower individuals and make them more effective in the workplace. By understanding the ways your brain can work for or against you, you can train yourself to keep your brain in the game even in stressful circumstances. We are honored to host Porter for a workshop on how to improve and protect your mental focus, exclusive for Jay Peak Employees.



Join us in the
FOEGER BALLROOM
MONDAY, MARCH 18TH
9:00-10:00 AM

**ONE LUCKY EMPLOYEE WHO ATTENDS THIS
SEMINAR WILL WIN A REMARKABLE 2
DIGITAL WRITING TABLET.**

RSVP

hr@jaypeakresort.com

To reserve your seat



**LEARN MORE ABOUT
PORTER KNIGHT**

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PERSONALIZED WORKPLACE STRATEGIES