Appetizers

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Foundate Bub & GRILLE

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Wings Eight Wings tossed in your choice of Buffalo, BBQ or Curry Coconut Served with Celery, Carrots and Ranch or Blue Cheese.	15
Buffalo Chicken Dip Shredded Chicken, Cream Cheese, Blue Cheese Crumbles, Franks Red Hot and Scallions. Served with Carrots, Celery and Crackers.	14
Poutine Maple Brook Farms Cheese Curds, Fries and Poutine Gravy topped with Fried Rosemary and Sage.	14
Seared Ahi Tuna Seared Ahi Tuna Served over Wakame Salad Served with Soy Sauce, Wasabi and Pickled Ginger.	16
Duck Wontons Duck, Charred Corn, Bacon and Cream Cheese in a Wonton Wrapper with Salsa Roja.	14
Spiced Cauliflower Cauliflower Sautéed with Clarified Butter, Cumin, Garlic, Saffron, Ginger and Chili Peppers. Served with Fried Chickpeas, Tear Drop Peppers, Arugula and Herb Salad and Green Goddess Yogurt. We can make it Vegan on request and switch the Butter for Oil!	15

Soups & Salads

Chili / Clam Chowder	Cup 7 / Bowl 9
Kale Caesar Salad	Small 6 / Large 12
Baby Kale tossed in our Caesar Dressing. Topped with Blueber Sunflower Seeds and Shaved Asiago.	ries,
Vermont Country Salad Mixed Greens tossed in a Maple Balsamic Dressing. Topped wi Tomatoes, Pickled Red Onions, Carrots, Dried Cranberries and Crumbles.	
Burrata Salad	14
Arugula, Diced Crispy Pancetta, Candied Walnuts, Pickled Radi Red Pepper Dressing.	sh and a Roasted



Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness. A 9% meals tax will be added.



Flatbreads

Yes, we have Pepperoni if you would like to add it for \$1. Gluten Free Dough Available. Dairy Free Cheese Available.

Cheeseburger Pizza 16

Special Sauce, Ground Beef, Vidalia Onion, Mozzarella, Shredded Lettuce and Pickles.

Beet It 16

Beet Pesto, Baby Kale, Tomato, Crumbled Goat Cheese, Mozzarella and a Balsamic Drizzle.

Haynes 13

Red Sauce and Mozzarella.

The Forager 16

Roasted Garlic Oil, Oyster, Shitake and White Button Mushrooms, Caramelized Onions, Chives and Mozzarella

Vermonter 16

Applewood Bacon, Spiced Apple Chutney, Sharp Cheddar, Arugula, Maple Mustard, Garlic Oil.

Entrées

Cowboy Steak 18oz Bone In Rib Eye Served with a Shallot-Thyme Compound Butter, Rosemary- Garlic Fingerling Potatoes, and Baby Carrots.	34
Duck a L'Orange ¹ ⁄ ₂ Roasted Semi-Boneless Duck glazed with an Orange Sauce, served with Rosemary-Garlic Fingerling Potatoes and Brussel Sprouts.	28
Frenched Pork Chop Frenched Pork Chop topped with Apple Chutney, Sweet Potato Mash and Asparagus.	28
Scallops Jumbo Scallops served over Squid Ink Pasta from Vermont Fresh Pasta Company in a Tarragon-Garlic Cream Sauce, Garnished with Tobiko.	34
Braised St. Louis Ribs House Braised Pork Ribs, French Fries, Brussel Sprout Slaw, Poblano Cheddar Cornbread and Bread & Butter Pickles.	26
Mujadara A comforting, healthy vegetarian meal of Lentils and Rice, with fragrant Middle Eastern spices, served with Caramelized Shallots, fresh Veggies and Pine Nuts.	16
Apple Butter Bacon Burger 8oz Ground Beef, Apple Butter, Cabot Cheddar, Bacon, Lettuce, Tomato, and Onion on a Hamburger Bun.	16

