

Appetizers Chicken Wings 15 Jumbo Chicken Wings Tossed in Your Choice of Buffalo, BBQ or Dry Chipotle Rub. Served with Celery, Carrots and Ranch or Blue Cheese. Spinach and Artichoke Dip 14 A hot and creamy dip filled with Spinach and Artichokes. Served in a Bread Bowl with Crackers. **Poutine** 14 Smoked Turkey Thigh, Maple Brook Farms Cheese Curds, Fries and Poutine Gravy topped with Fried Rosemary and Sage. Seared Ahi Tuna 16 Seared Ahi Tuna served over Wakame Salad with Soy Sauce, Wasabi and Pickled Ginger. Fried Cheese Curds 12 Beer battered Cheese Curds served with Bove's of Burlington Marinara. 12 Spiced Cauliflower Cauliflower sautéed with Clarified Butter, Cumin, Garlic, Saffron, Ginger and

Soup & Salads

Chili Peppers. Served with a Green Goddess Yogurt Sauce. We can make it

vegan on request and switch the Butter for Oil!

Tram Ale Chili or Soup du Jour Cup 7 / Bowl 9 / / Bread Bowl 11

Ask your server about the chef's soup of the day. Add Fried Shrimp \$6, Salmon \$8 or Chicken \$4 to any Salad

Kale Caesar Salad Small 6/ Large 12

Baby Kale tossed in our House Caesar Dressing. Topped with Blueberries, Sunflower Seeds and Shaved Asiago.

Winter Harvest Salad Small 7/ Large 14

Golden Beets, Parsnips, Sweet Potato, Turnips, Mixed Greens, Feta, Almond Slivers, and crispy Onions with a Red Wine-Honey Vinaigrette.

Vermont Country Salad

Small 6/ Large 12

Mixed Greens, Cucumbers, Tomatoes, Red Onions, Carrots and Maple Balsamic Dressing.





Flatbreads

15. Gluten Free Dough Available.

Vermonter

Applewood Bacon, Spiced Apple Chutney, Sharp Cheddar, Spinach, Maple Mustard, Garlic Oil.

Sausage and Peppers

Hot Italian Sausage, Roasted Sweet Peppers, Caramelized Onions, Spinach, Marinara, Mozzarella and Provolone.

Tree Hugger

Hearth Fired Mushrooms, Roasted Onions, Spinach, Roasted Red Peppers, Garlic Oil, Mozzarella and Provolone.

Haynes

Sharp Cheddar, Mozzarella, Provolone, Shaved Parmesan and Marinara. Yes, we have Pepperoni if you would like to add it.

White Pizza

Roasted Garlic Ricotta Base, Mozzarella, Provolone, Sliced Rainbow Fingerling Potatoes, Applewood Bacon and Scallions.

Sandwiches -

Classic BLT 14

Bacon, Lettuce, Tomato and Roasted Garlic Aioli on Toasted White Bread.

Smoked Turkey 14

Smoked Turkey Thigh, Apple Chutney, Bacon, Cabot Cheddar, Spinach, Hamburger Roll

Shrimp Po' Boy 15

Breaded Shrimp, Hoagie Roll, Shredded Lettuce, Tomato and Red Onion with a house Remoulade Sauce.

Cranberry & Walnut Chick Pea Salad Sandwich

Cranberry & Walnut Chick Pea Salad made with Vegan Mayo, Baby Spinach and Sprouts on Klinger's Honey Wheat and Oat Bread.

Chicken Sandwich 15

Grilled Chicken Breast, Bacon, Cabot Cheddar, Apple Chutney and a Maple Gastrique on a Hamburger Roll.

Foundry Cheese Steak

Shaved Steak, Caramelized Onions, Mixed Bell Peppers, Roasted Garlic Aioli and Cabot Cheddar on a Toasted Hoagie Roll.

Jay Burger 16

8oz Ground Beef, Cabot Cheddar, Lettuce, Tomato, and Onion on a Hamburger Roll.



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